

# Pictou Landing First Nation Newsletter

October 26, 2020



## Happy Halloween from Chief & Council

### PLFN HALLOWEEN DURING COVID

DO NOT TRICK OR TREAT OR GIVE OUT TREATS IF  
FEELING UNWELL, HAVE COVID SYMPTOMS OR SELF-  
ISOLATING

#### TRICK OR TREATERS

- do not trick or treat at a home that has a sign that they are not participating this year
- hand sanitize regularly
- wash hands as soon as you get home

#### HANDING OUT TREATS

- pre-package treats
- if not participating, turn off outdoor lights and put up sign that you are not participating this year
- hand out treats from front yard, step or porch
- if not possible to handout treats outside, disinfect door handle regularly
- wash hands regularly or hand sanitize
- wear mask if not possible to keep physical distance of 2 feet

HAVE FUN, BE SAFE  
HAPPY HALLOWEEN!

PLFN Newsletter  
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## PLFN Community Notices:



Presents

# Autumn Giveaway

Beginning on September 22 every time you cash out a ticket of \$50.00 or more, your name will be entered into win a generator. The draw will take place on October 31.

**Located at 6504 Pictou Landing Road**

## Christmas Payments:

The Chief and Council of the Pictou Landing First Nation have authorized individual payments (**pending Community Referendum on Oct 29<sup>th</sup>, 2020**) of \$500.00 (five hundred dollars) each to all of its registered Pictou Landing Band Members—as defined by the Indian Act of Canada. Children under 18 years of age on or before application deadline of November 6<sup>th</sup>, 2020 are considered minors. To be eligible for this year's payment, you must be registered on or before **December 31<sup>st</sup>, 2020**. All payments will be processed up to **January 31<sup>st</sup>, 2021—no applications will be accepted after this date.** Forms Can be picked up at the Band Office. **For more information, please contact Debbie by email: [debbied@plfn.ca](mailto:debbied@plfn.ca).**

## Please Join

### Mainland Mental Wellness Team

Tiana Fusco and Tiffany Brennan for  
**HIDDEN CONTROL: INSIGHT ON THE MISTREATMENT OF OUR SENIORS**

**When:** Nov. 12th /2020  
**Time:** 2:00pm- 4:00pm (Seniors)  
6:00pm-8:00pm (Caregivers &Family/Friends)  
**Where:** Pictou Landing Training center  
6533 Pictou Landing Road

Tiana Fusco  
Clinical Therapist



Tiffany Brennan  
Behavioural Support Advisor



Due to Social Distancing there is limited spots available. Please call Tiffany at 902-890-1651 and book your spot.

**Refreshments will be provided as well as a DOOR PRIZE!**



The Mainland Mental Wellness team is here to support, educate, and help you and your family navigate the mental health system.



# PLFN Health Centre Update:

**Please contact Michelle if you are interested in learning more about counselling services or to book an appointment you can reach out to:**

**Michelle LeBrun**

Mental Health and Addictions Clinician (NSHA) for Pictou Landing and Paqtnkek

782-440-2711 (work cell)

[michelle.lebrun@nshealth.ca](mailto:michelle.lebrun@nshealth.ca)

Hours are as follows:

Monday and Tuesday Paqtnkek

Wednesday New Glasgow Clinic (NSHA)

Thursday and Friday Pictou Landing



**IT'S  
OKAY,  
TO NOT  
BE OKAY.**

**HELP IS AVAILABLE  
WHENEVER YOU NEED IT.**

HOPE FOR WELLNESS  
HELP LINE AND CHAT  
1-855-242-3310  
HOPEFORWELLNESS.CA

PROVINCIAL MENTAL HEALTH AND  
ADDICTIONS CRISIS LINE  
902-429-8167 OR  
1-888-429-8167

KIDS HELP PHONE  
1-800-668-6868 OR  
TEXT CONNECT TO 686868

ESKASONI MI'KMAW CRISIS AND  
REFERRAL LINE:  
AVAILABLE TO MI'KMAQ  
COMMUNITIES 24/7,  
PROVIDING CRISIS SERVICES  
IN ENGLISH AND MI'KMAW.  
1-855-379-2099 (TOLL-FREE)  
902-379-2099

EMERGENCY  
911

# PLFN NEO Update:

## Pipe Trades

A comprehensive and integrated program that builds skills in three fields: steamfitting/pipefitting, sprinkler systems, and plumbing.

**APPLY**  
nsc.ca/apply

**REAL LEARNING  
REAL RESULTS**

**2  
YEAR  
PROGRAM**

**RED  
SEAL  
TRADE**

[nsc.ca/programs](http://nsc.ca/programs)

**nsc**

## Pipe Trades

2 Years | Diploma

This program gives you a distinct advantage over the training offered in other pipe trades programs. In just 2 years, you learn the fundamental skills of 3 trade disciplines: steamfitting/pipefitting, plumbing and sprinkler system installation. This exposure provides a high level of employability and is a tremendous opportunity to start working in any of these trades.

In this program, you develop the skills and knowledge to lay out, assemble, install, maintain and repair plumbing and heating systems, cooling systems, process pipe systems, and industrial pipe systems. You learn to install and connect piping in buildings or structures, including the tubing for pneumatic or air handling systems. You also learn to interpret design drawings and develop skills in basic welding.

### Admission Requirements

High School Graduation Diploma or equivalent.

### Employment & Career Options

This program is a first step towards Journeyman Certification in the Plumber, Steamfitter/Pipefitter and Sprinkler System Installer trades. To work in these trades, certification is compulsory through Nova Scotia's Department of Labour and Advanced Education. Graduates of this program are eligible for transfer credit upon registration in the Provincial Apprenticeship Program.

Graduates are prepared for employment in many pipe trade sectors: construction, manufacturing, service, maintenance and repair, solar and geothermal energy, and industrial/commercial/residential supply sales and service.

Red Seal – Steamfitter/Pipefitter, Sprinkler System Installer, and Plumber are designated trade that qualifies for the Interprovincial Standards Red Seal Program. The Red Seal allows qualified tradespersons to practise the trade in any province or territory in Canada where the trade is designated without having to write further examinations.

Contact Heather Mills Native Employment  
officer [Heather.m@plfn.ca](mailto:Heather.m@plfn.ca) or 902-752-4912  
Ext 118

[nsc.ca/programs](http://nsc.ca/programs)



## Become a Steamfitter/Pipefitter in the shipbuilding industry

Mi'kmaw Native Friendship Centre, NSCC and the Irving Shipbuilding Centre of Excellence have partnered to offer **Pathways to Shipbuilding for Indigenous Students** - an opportunity to get a **free education and guaranteed job offer** as a Steamfitter/Pipefitter (for those who meet hiring requirements). Successful applicants will receive:

- Fully paid tuition and books
- Living allowance
- Additional supports and services (offered on an individual basis)

This program starts in **June 2021**.

### Who should apply?

Mi'kmaq and Indigenous people interested in careers in shipbuilding as a Steamfitter/Pipefitter (a Plumbing trade) who meet the following requirements:

- Must be a resident of Nova Scotia, New Brunswick, Newfoundland or Prince Edward Island
- Must hold Canadian citizenship or permanent residency
- Must have high school diploma or equivalent
- Must live in Halifax, Nova Scotia throughout the program
- Must complete Canadian Government Security Clearances

To learn more, email [pathways2021@gmail.com](mailto:pathways2021@gmail.com)

In response to COVID-19, courses offered in accordance to NS Public Health social distancing and safe workplace guidelines. For more information visit [nsc.ca/covid-19](https://nsc.ca/covid-19)

