



NEW YEAR NEW BEGINNINGS

# PLFN Newsletter

## Jan 13 2020



IN THIS ISSUE

## Reading Program

by Sheila Francis

Are you an Elder who is interested in reading to PLFN School students Grade Primary to 3?

PLFN School, in partnership with MK, is looking for two Elders to participate in the "Read Aloud" program. Each Elder will be assigned a grade group (Grade Primary to or Grade 2 or 3) and you will come to the school to read a book which you select with someone from MK. This will happen four times over the remainder of the school year, beginning in January. MK will provide you with an honorarium.

### Why is this important?

It is important to engage our children with our Elders.

Reading to children teaches them by example.

Early reading skills directly relate to a child's academic success.

Reading aloud is important for language development. The child is learning critical language and enunciation skills, while listening reinforces the basic sounds of language.

Reading aloud helps children develop positive associations with books and reading.

Reading aloud is a proven technique to help children during time of stress.



### Meetings:

Council met with the Minister of Indigenous Services, Marc Miller, along with MP Sean Fraser and staff from ISC during the holiday break. They were able to tour Boat Harbour, the community and the new school.



### Announcing New Indigenous Funding:

Ulnooweg Development Group and the Ulnooweg Indigenous Communities Foundation are pleased to announce that \$40,000 in non-repayable funding!

# Opportunity for Mi'kmaq Speakers

By: Sheila Francis

Are you interested in learning how to read books written in Mi'kmaq?

Jackie Alex will be holding Mi'kmaq book reading classes for Mi'kmaq speaking community members. These will be held on Wednesdays for the next 10 weeks (6:00 – 7:00) starting on Wednesday, January 22. Classes will be held at the meeting room, upstairs Day Care Building.

We are taking a maximum of 10 Mi'kmaq speaking community members. If you are interested, please leave your name and phone number at the Band Office or email the info to Sheila –



sheilaf@pictoulandingschool, or inbox on Facebook: Sheila Cat.

Books will be provided and they will be yours to keep.

Please – this is adult speakers only. Do not bring children as the area is small and we want people to be able to hear and focus on the language.

## CONTACT SHEILA

[sheilaf@pictoulandingschool.ca](mailto:sheilaf@pictoulandingschool.ca)

Facebook – Sheila Cat



# Announcing New Funding for Atlantic Indigenous Social Enterprises

Ulnooweg Development Group and the Ulnooweg Indigenous Communities Foundation are pleased to announce that \$40,000.00 in non-repayable funding is available to support Indigenous social enterprises in Atlantic Canada prior to the end of March 2020!

In partnership with the Community Foundations of Canada, which is a partner in the Investment Readiness Program, the funding is the first stage of the government of Canada's \$755 million Social Finance Fund to support

innovations solutions to social challenges.

For more information visit: Community Foundations of Canada IRP webpage. Applications must be received by February 10, 2020. If you need assistance, you can contact Richard Bridge at [richard@lawyerforcharities.ca](mailto:richard@lawyerforcharities.ca) or 902.663.2047.



UPCOMING EVENTS



### Open Gym



### Dance Classes

#### FOR MORE INFORMATION:

Check out the PLFN website at  
[www.plfn.ca](http://www.plfn.ca)

Or the PLFN Facebook Page

Or check out the MPAL Facebook Page:  
 Called PLFN MPAL

### Open Gym with the RCMP:

Every Wednesday from 6:00 pm – 7:30 pm. All Ages are Welcome to attend!

### Hip Hop Dance Lessons:

Every Thursday for the month of January. 6:00 pm – 7:00 pm. These lessons are for children ages 8 plus.

### Youth Retreat:

Your retreat is happening Friday January 17 returning Sunday January 19. The retreat is being held in Debert and is for ages 14-18. You can contact Sarah at the Health Centre at 902.752.0085 for more information or for a permission slip. The retreat is going to focus on Celebrating Life and Empowering Youth with Coping Mechanisms.

### Outreach Clinic:

Craig with Service Canada will be here from 9:00 am – 3:00pm on Thursday January 30, 2020 to help with anything related to: SIN's, Assistance with Old Age Security, Assistance with Canada Pension Plan and more. No appointments necessary, Everyone Welcome!

### Doctor's Office Hours:

Doctor Cathy is in the community the week of January 20-24. She no longer accepts walk ins, only appointments. You can phone the Health Centre at 902.752.0085 to book an appointment.

### Herron GM:

John Fraser and one of the finance team from Herron GM will be here on Tuesday January 21 and Wednesday January 22 to talk cars with you. If your looking for a new car, stop over and see them, all credit accepted, get yourself some great deals! Located at the PLFN firehall from 9:00 am – 4:00 pm.



# New Staff Alert!

The Housing Department would like to welcome **Simon Prosper as the new Community Handyman**.

Simon has been busy working on some much-needed items. Simon will be out and about, working with the Housing Director to address community housing needs.

The Housing Department would also like to welcome **Christena Dykstra as the Youth Intern**. Christena has been hired on for 12 weeks, through CHMC to work. Christena will work with the Housing Director on drafting the final Housing Policy as well as help develop the housing policy structure.

Welcome aboard Simon and Christena!

The Community Development Department would like to welcome **Krista Thompson as the Interim Director**. Krista is a member of our sister community of Paqtnkek First Nation and brings with her experience in employment, training, and economic development.

Welcome aboard Krista!



# Chief & Council Contact:

**Chief Andrea Paul**

[Andrea.p@plfn.ca](mailto:Andrea.p@plfn.ca)

902.752.4912 x. 108

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[Dominic.d@plfn.ca](mailto:Dominic.d@plfn.ca)

**Councilor Wayne Denny**

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[Derek.f@plfn.ca](mailto:Derek.f@plfn.ca)

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**Councilor Jenny Fraser**

[Jen.s@plfnc.ca](mailto:Jen.s@plfnc.ca)

**Councilor AJ Francis**

[Aj.f@plfn.ca](mailto:Aj.f@plfn.ca)



## CHIEF AND COUNCIL MEETING CONTACT:

To have an item added to the council agenda you can email the Recording Secretary at [webmaster@plfn.ca](mailto:webmaster@plfn.ca) or you can complete a Chief & council Request form located at the front of the Band Office.

